



## Anti-bullying Policy for the Children at Stanford in the Vale CE Primary School



### Our Policy

- We want everybody in our school to be safe and happy and we don't want anyone to be bullied.
- If anyone is being bullied, we want them to tell an adult who will make it stop.
- If we see anybody being bullied, we must tell an adult who will help them.

### What is bullying?

Bullying is when someone does any of these things more than once and on purpose:

- hurting someone's feelings with words
- making fun of people
- hurting people with actions
- making people feel bad or upset
- always leaving someone out of games



### How a child who is being bullied might feel or act

Bullying makes people feel bad. They may not want to come to school or go into the playground. They may be nasty to other people because they are feeling upset. They may be unhappy a lot and unable to do their work well.



### What to do if you are being bullied

- Tell yourself that you do not deserve to be bullied, and that it is **WRONG!**
- Be proud of who you are.

- *Try not to show you are upset. It is hard but a bully thrives on someone's fear.*
- *Stay with a group of friends.*
- *Walk away.*
- *Tell an adult or a friend that you trust, immediately.*

### *What adults will do to help*

- *The adult will always listen to you and help to sort things out.*
- *The adult will try to help the bully to learn how to make friends and be kind to people.*
- *The adult might tell the bully's parents.*
- *The bully will be asked to say sorry and mean it.*
- *The bully will be kept in at break times and lunch times for a set time.*
- *The adult will keep an eye on the bully to make sure they do not bully anyone again.*
- *If the bully carries on bullying, they may be asked to leave our school.*



### *Remember!*

*Always tell an adult of anything that makes you feel worried. You have posters in your classroom with some help for you.*



*Written by School Council*

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